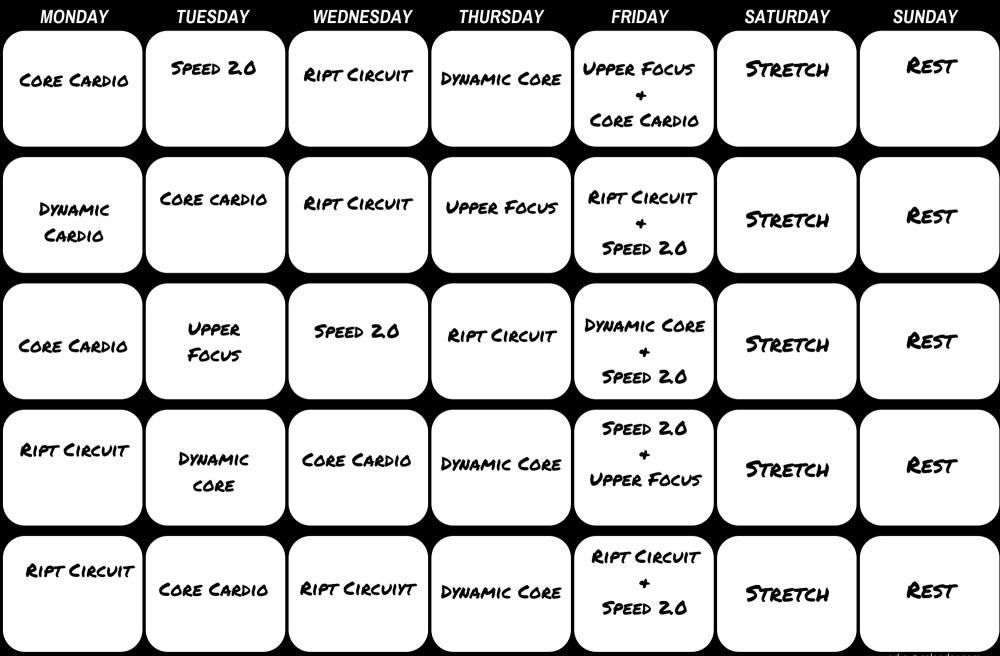
FOCUS MONTH WORKOUT SCHEDULE



workout-calendar.com